

# Clinic-based care

for survivors of sexualized assault

Many sexualized assault survivors do not present to a hospital after an assault. This document outlines the care that can be offered to survivors of sexualized assault (who are age 13 or older) in a clinic-based setting in the Yukon. Information about the assault should be gathered only to the extent necessary to inform and guide the medical exam. Review with the victim that you are not providing forensic documentation or evidence collection related to the assault. Care options vary according to the time between the assault and presentation to the clinic. Ideally, care is provided as soon as possible but clients do have some time to consider which path to take.

The Sexual Assault Response Team (SART) is not just forensic collection. It also provides:

- The Sexualized Assault Support Line.
- Support navigating services.
- Free rapid-access counselling.
- Four hours of free legal advice.
- Court system navigation.
- Information about Third-Party Reporting and reporting to RCMP.

All Yukoners have the right to access these services and many of these services can be accessed remotely in communities.

## Clinic-based care

CARE/SUPPORT TYPE	SPECIFIC TREATMENTS	INFORMATION/NOTES
Trauma informed emotional support		<ul style="list-style-type: none"> <li>• Priority SART access to counsellor.</li> <li>• Offer Victim Services to discuss options and support.</li> </ul>
Providing new clothes, underwear and self care supplies		
Physical assessment and treatment of injuries		<ul style="list-style-type: none"> <li>• Consider head injury, strangulation and genital/rectal trauma.</li> </ul>
Pregnancy prevention	<b>Plan B</b> <ul style="list-style-type: none"> <li>• Levonorgestrel</li> </ul>	<ul style="list-style-type: none"> <li>• Can be given up to 120 hours post-assault.</li> <li>• Less effective for patients with a BMI &gt; 25.</li> </ul>
	<b>Ella</b> <ul style="list-style-type: none"> <li>• Ulipristal</li> </ul>	<ul style="list-style-type: none"> <li>• Can be given up to 120 hours post-assault.</li> <li>• Less effective for patients with a BMI &gt; 25.</li> </ul>
	<b>Copper IUD</b> <ul style="list-style-type: none"> <li>• Containing 380mm<sup>2</sup> Cu</li> <li>• Liberte TT or UT</li> </ul>	<ul style="list-style-type: none"> <li>• Can be inserted up to seven days post-assault.</li> <li>• May not be available in all locations.</li> <li>• Effective in patients with a BMI &gt; 25.</li> </ul>
	<b>Pregnancy counselling</b>	<ul style="list-style-type: none"> <li>• Referral to Opal Clinic as needed.</li> </ul>
Prophylactic treatment for Sexually Transmitted Infections	<b>Consider baseline urine for GC/C</b>	
	<b>Chlamydia</b> <ul style="list-style-type: none"> <li>• Azithromycin 1000mg PO STAT</li> </ul>	<ul style="list-style-type: none"> <li>• Alternative antibiotics given in the event of medication allergies or pregnancy.</li> </ul>
	<b>Gonorrhea</b> <ul style="list-style-type: none"> <li>• Cefixime 800mg PO STAT</li> </ul>	<ul style="list-style-type: none"> <li>• Follow most recent YCDC STI Guidelines.</li> </ul>
Blood and Bodily Fluid Exposure Management	<b>Baseline bloodwork</b> <ul style="list-style-type: none"> <li>• HIV, Hepatitis B, Hepatitis C and Syphilis (one large gold top).</li> </ul>	<ul style="list-style-type: none"> <li>• Recommend and arrange follow-up blood work.</li> </ul>
	<b>Check vaccine status</b> <ul style="list-style-type: none"> <li>• Hepatitis B vaccination can be given within 14 days post sexual assault.</li> <li>• Consider tetanus and HPV vaccines if indicated.</li> </ul>	<ul style="list-style-type: none"> <li>• Follow YCDC BBFE guidelines.</li> </ul>
	<b>HIV post-exposure prophylaxis (PEP)</b> <ul style="list-style-type: none"> <li>• Offered in very high-risk exposure situations.</li> <li>• Must be started within 72 hours.</li> </ul>	<ul style="list-style-type: none"> <li>• Evaluate need for PEP using YCDC BBFE guidelines.</li> </ul>
	<b>Submit YCDC BBFE form</b>	

Adapted with permissions from BC Womens' Clinic-based Care for Survivors of Sexual Assault [www.bcwomens.ca/Professional-Resources-site/Documents/Sexual%20Assault/Clinic-based%20Care%20for%20Survivors%20of%20Sexual%20Assault%20April%2026%2c%202017.pdf](http://www.bcwomens.ca/Professional-Resources-site/Documents/Sexual%20Assault/Clinic-based%20Care%20for%20Survivors%20of%20Sexual%20Assault%20April%2026%2c%202017.pdf)

References:

- [yukon.ca/en/sartyukon/home](http://yukon.ca/en/sartyukon/home)
- [yukon.ca/en/find-out-about-blood-and-body-fluid-exposure-management](http://yukon.ca/en/find-out-about-blood-and-body-fluid-exposure-management)
- [yukon.ca/sites/yukon.ca/files/hss/hss-imgs/sti\\_guidelines\\_2020\\_web\\_final.pdf](http://yukon.ca/sites/yukon.ca/files/hss/hss-imgs/sti_guidelines_2020_web_final.pdf)

## YHC-based care\*

\* YHC locations also provide the same services as clinics, along with the services listed below.

CARE/SUPPORT TYPE	INFORMATION/NOTES
Clinical care	<ul style="list-style-type: none"> <li>• Clinicians trained in sexualized assault.</li> <li>• Advanced care available such as surgical repairs.</li> </ul>
Forensic exam	<ul style="list-style-type: none"> <li>• Documentation of injuries and forensic sample collection.</li> <li>• Forensic report and storage of forensic kits.</li> </ul>
Drug and alcohol screening tests	<ul style="list-style-type: none"> <li>• This is time sensitive – ASAP but within 72 hours.</li> </ul>
Hepatitis B immune globulin	<ul style="list-style-type: none"> <li>• Given within 14 days post-assault.</li> <li>• Only available in Whitehorse, Watson Lake, Dawson City and Old Crow.</li> </ul>

## TIMELINES FOR CONSIDERATION

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| <b>Within 72 hours</b> <ul style="list-style-type: none"> <li>• Drug and alcohol toxicology, and PEP.</li> </ul>    | <ul style="list-style-type: none"> <li>• Consult with YCDC, SART Clinical Coordinator, WGH ER Physician or Yukon MOH for questions relating to BBFE.</li> </ul> |
| <b>Within 5-7 days</b> <ul style="list-style-type: none"> <li>• Pregnancy prophylaxis and forensic exam.</li> </ul> |   |

## ADDITIONAL CONSIDERATIONS AND CONTACTS

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| <ul style="list-style-type: none"> <li>• RCMP (front desk) 911 or 867-667-5551</li> <li>• Yukon Communicable Disease Control (YCDC) 867-667-8323</li> <li>• Family and Children Services 867-667-3002</li> <li>• SART Clinical Coordinator 867-332-0344</li> <li>• Medical Officer of Health (MOH) May be consulted only after calling emergency room physician.</li> <li>• Emergency Room (ER) 867-393-8700</li> <li>• Opal Clinic 867-393-6635</li> </ul> | <ul style="list-style-type: none"> <li>• Victim Services 867-667-8500</li> <li>• Fulfil the Duty to Report for any suspected or known assault of a victim under 19 to Family and Children Services or RCMP.</li> <li>• Consult with Whitehorse on-call SART clinician for immediate concerns. <ul style="list-style-type: none"> <li>▸ call WGH ER for on-call SART clinician</li> </ul> </li> <li>• Coordinate with SART Clinical Coordinator, RCMP or Victim Services for follow-up care.</li> <li>• Advise patient of the SART support line <ul style="list-style-type: none"> <li>▸ 1-844-967-7275 (available 24/7)</li> </ul> </li> </ul> |
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