

***High risk: - “Wet patient”**

Patient is confirmed to have Ebola Virus Disease

OR

Patient is suspected to have Ebola Virus Disease

AND

- has high risk symptoms such as bleeding or uncontrolled diarrhea or uncontrolled vomiting;
- OR**
- is unstable and requires a high risk procedure such as an aerosol generating medical procedure (includes intubation, open respiratory/airway suctioning, high-frequency oscillatory ventilation, nebulized therapy, non-invasive positive pressure ventilation), cardiopulmonary resuscitation, central line insertion, or any procedure that could potentially result in copious amounts of body fluid generation or exposure

PPE Doffing (removal) Area

- Designate an area in close proximity to the patient room (e.g., anteroom or adjacent vacant room) - separate from the clean area - where healthcare providers (HCPs) leaving the patient’s room can doff and discard their PPE
- Alternatively, some steps of the PPE removal process may be performed in a clearly designated area of the patient’s room near the door, which ensures that all doffing steps can be seen and supervised by the trained observer (e.g., through a window so that the instructions of the trained observer can still be heard)
- Provide supplies for disinfection of PPE (e.g. hospital grade disinfectant wipes) and for hand hygiene
- Provide a space for sitting, parallel to the doffing pad (large fluid repellent drape) that can be easily cleaned and disinfected, where the HCP can remove boot covers
- Provide leak-proof hands free infectious waste containers for discarding used PPE
- If a hallway is being used outside the patient room, construct physical barriers to close hallway to traffic (thereby creating an anteroom)
- Post appropriate signage indicating room designation and purpose





Pre-Doffing Activities for HCPs





- Whenever possible use of an observer is recommended for high-risk encounters. It is recommended that a trained observer be available to monitor, assist (where required), and document the steps of the PPE doffing checklist with you






Pre-Doffing Activities for the Trained Observer




- Don shoe covers, gown, face shield, and gloves to assist HCP with removal of PPE
- Prepare a doffing pad (large fluid repellent drape) that is marked section 1 and section 2
- Read aloud each step of the PPE doffing procedure to the HCP and provide reminders to avoid reflexive actions that may put them at risk, such as touching their face

Remove PPE slowly and carefully and discard one piece at a time in a hands-free waste receptacle. Strict adherence to the order and process of removing PPE is required to prevent contamination.

FOLLOW REMOVAL OF PPE STEPS AS PRESENTED – DO NOT ALTER	
1. Disinfect outer gloves	
	<ul style="list-style-type: none"> • Use a hospital grade disinfectant wipe to clean outer gloves prior to opening the door to the patient room
2. Clean door handle	<ul style="list-style-type: none"> • Use a new hospital grade disinfectant wipe to clean the door handle (if applicable) before opening the door
3. Inspect	<ul style="list-style-type: none"> • HCP steps out of the patient room onto section 1 of the doffing pad (large fluid repellent drape) • Trained observer visually inspects PPE for visible contamination or tears before doffing process is started • If any PPE appears contaminated, HCW will clean and disinfect area using a hospital grade disinfectant wipe
4. Remove Outer Apron (if used)	<ul style="list-style-type: none"> • Trained observer will assist with untying straps if necessary • Roll from inside to outside and away from your body • Discard immediately into waste
5. Remove outer gloves	
	<ul style="list-style-type: none"> • Minimize direct contact with inner gloves • Grasp outside edge of glove near the wrist and peel away, rolling the glove inside out • Slide 1 or 2 fingers under the wrist of the remaining glove and peel away • Discard immediately into waste
6. Disinfect inner glove	
	<ul style="list-style-type: none"> • Use a hospital grade disinfectant wipe to clean inner gloves
7. Remove gown/coverall	
	<ul style="list-style-type: none"> • Remove gown/coverall in a manner that prevents contamination of clothing and skin • Trained observer will carefully unfasten top tie first, then outside waist tie, then inside waist tie • Slide 2 fingers under cuff of gown and pull hand into gown. Using the hand that is covered, grab the opposite sleeve of gown

	<p>and pull away from body over hand. Continue folding the gown inward on to itself and rolling it away from you until it becomes small enough to discard</p> <ul style="list-style-type: none"> • Place into waste receptacle
<p>8. Remove knee high boot covers</p>	
	<ul style="list-style-type: none"> • Sit on a clean chair (if available) • Remove boot covers one at a time by rolling down and outward, lifting your heel first and then your toes • Step out of the boot covers one at a time onto section 2 of the doffing pad • Trained observer will discard boot covers into waste receptacle • <u>If chair is not available</u>, then the HCP will roll the top of the boot covers out and down, and the trained observer can help pull the boot covers down and hold while the HCW steps on to section 2 of the doffing pad
<p>9. Remove inner gloves</p>	
	<ul style="list-style-type: none"> • Grasp outside edge of glove near the wrist and peel away, rolling the glove inside out • Slide 1 or 2 fingers under the wrist of the remaining glove and peel away • Discard immediately into waste
<p>10. Perform hand hygiene</p>	
	<ul style="list-style-type: none"> • Perform hand hygiene • Alcohol-based hand rub (ABHR) is recommended • Soap and water is used when hands are visibly soiled
<p>11. Put on new gloves</p>	<ul style="list-style-type: none"> • When hands are dry, put on a new pair of gloves
<p>12. Remove face shield</p>	
	<ul style="list-style-type: none"> • The front of the face shield is considered contaminated • Handle only by the rear strap and pull it up and over the head gently, allowing the face shield to fall forward • Place in waste receptacle

<p>13. Remove gloves</p> 	<ul style="list-style-type: none"> • Grasp outside edge of glove near the wrist and peel away, rolling the glove inside out • Slide 1 or 2 fingers under the wrist of the remaining glove and peel away • Discard immediately into waste
<p>14. Perform hand hygiene</p> 	<ul style="list-style-type: none"> • Perform hand hygiene • Alcohol-based hand rub (ABHR) is recommended • Soap and water is used when hands are visibly soiled
<p>15. Remove fluid resistant hood</p> 	<ul style="list-style-type: none"> • Trained observer will undo the surgical hood ties and gently pull off of HCW's head • Place hood carefully in waste
<p>16. Perform hand hygiene</p> 	<ul style="list-style-type: none"> • Perform hand hygiene • Alcohol-based hand rub (ABHR) is recommended • Soap and water is used when hands are visibly soiled
<p>17. Remove N95 respirator</p> 	<ul style="list-style-type: none"> • The front of the respirator is considered contaminated • Lift the bottom elastic over your head first, then the top elastic up and over your head • Pull forward off the head bending forward to allow respirator to fall away from the face • Place respirator carefully into waste

<p>18. Perform hand hygiene</p>	
	<ul style="list-style-type: none"> • Perform hand hygiene • Alcohol-based hand rub (ABHR) is recommended • Soap and water is used when hands are visibly soiled
<p>19. Put on new gloves</p>	<ul style="list-style-type: none"> • When hands are dry, put on a new pair of gloves
<p>20. Clean shoes</p>	<ul style="list-style-type: none"> • If a second chair is available, HCW may sit and clean the tops, sides, and bottoms of each shoe using hospital grade disinfectant wipes (use one wipe for each shoe) • If a second chair is not available, the trained observer will wipe the top, sides, and bottoms of each shoe • As each shoe is cleaned, the HCW steps off the doffing pad on to the floor
<p>21. Remove doffing pad (large fluid repellent drape)</p>	<ul style="list-style-type: none"> • Trained observer rolls up doffing pad and places in waste receptacle
<p>22. Remove gloves</p>	
	<ul style="list-style-type: none"> • Grasp outside edge of glove near the wrist and peel away, rolling the glove inside out • Slide 1 or 2 fingers under the wrist of the remaining glove and peel away • Discard immediately into waste
<p>23. Perform hand hygiene</p>	
	<ul style="list-style-type: none"> • Perform hand hygiene • Alcohol-based hand rub (ABHR) is recommended • Soap and water is used when hands are visibly soiled