



Colon Cancer Screening

Fecal Immunochemical Test (FIT)

What is the FIT?

FIT stands for Fecal Immunochemical Test. Simply put, it's a poop test that looks for hidden blood which may be caused by colon cancer or by pre-cancerous polyps (growths in the colon or rectum that can turn into cancer over time).

Who should do the FIT?

If you're between 50 and 74, you should do the FIT. Don't wait for symptoms. The time to test is before the cancer develops or when it's in the early stages.

The FIT is easy to do

The FIT takes just minutes to do, and you can do it in the privacy of your own bathroom. FIT kits are available for free at any medical clinics, health centres or through ColonCheck Yukon.

The FIT saves lives

When you do the FIT, it may detect small growths before they turn into cancer. By doing the FIT every two years, you could prevent cancer or catch it in its early stages when it is 90% curable.

QUESTIONS? Talk to your doctor or health care provider or email coloncheck.yukon@gov.yk.ca or call **867-667-5497** or toll-free **1-844-347-9856**.

Learn more about the ColonCheck program:
Yukon.ca/colon-check