



**Yukon Communicable Disease Control**  
**4 Hospital Rd, Whitehorse, Yukon Y1A 3H8**



January 10, 2022

To Parents, Guardians, Students and Staff of Porter Creek Secondary School,

Yukon Communicable Disease Control (YCDC) has been made aware of a positive case of COVID-19 affecting:

- First Period: PE 9, Fitness and condition 11/12 and LEAD, on Tuesday January 4<sup>th</sup> (0830-0950)
- Second Period: Pre-Calculus 11 (1000-1130), on Tuesday January 4

Staff and students connected to the above class on the above dates and times have been identified as close contacts of COVID-19. COVID-19 is a respiratory illness that is spread through droplets when a person coughs, speaks, or by touching surfaces contaminated by the virus with your hands and then touching your face before washing your hands.

A risk assessment has been completed by YCDC; after careful analysis the clinical care for staff and students connected to the above class is:

- self-isolate until January 11 inclusive, and self-monitor for symptoms through January 18, if:
  - not fully immunized against COVID-19 as described below or if you are immunized but have moderate to severe immunosuppression.
- self-monitor for symptoms through January 18, if:
  - If you are not moderately to severely immunosuppressed due to illness or medication, you'd need to have had:
    - 2 doses of COVID-19 vaccine, with the second dose received within the last 6 months and at least 14 days before the contact; OR
    - 3 doses of COVID-19 vaccine at least 14 days before the contact; OR
  - diagnosed with lab confirmed COVID-19 in the last 90 days.

It is very important that if any symptoms develop, no matter how mild, you do not go to work or school and follow current guidance on Yukon.ca.

Symptoms to self-monitor for include:

• <b>Fever</b>	• <b>Sore throat</b>	• <b>Loss of appetite</b>
• <b>Chills</b>	• <b>Loss of sense of taste or smell</b>	• <b>Nausea and vomiting</b>
• <b>Cough</b>	• <b>Headache</b>	• <b>Diarrhea</b>
• <b>Shortness of breath</b>	• <b>Fatigue</b>	• <b>Muscle aches</b>
• <b>Runny nose</b>		

Symptoms of COVID-19 may be mild or severe and often have a different presentation in persons who are very young or older persons. While most people will experience mild illness, older adults and people with pre-existing medical conditions are at higher risk for severe illness.

If you were to develop any symptoms, no matter how mild, do not go to work or school and visit Yukon.ca for current guidance.

If you are eligible for COVID-19 immunization and not yet fully immunized, please book your immunization after your isolation period has ended. For general information on COVID-19 see [yukon.ca/en/covid-19-information](https://yukon.ca/en/covid-19-information)