



**Yukon Communicable Disease Control**  
**4 Hospital Rd, Whitehorse, Yukon Y1A 3H8**



January 11<sup>th</sup>, 2022

To Staff of Selkirk Elementary School,

Yukon Communicable Disease Control (YCDC) has been made aware of a positive case of COVID-19 affecting:

- The staff room between 11:45-12:40pm on Friday, January 7<sup>th</sup>

Staff present in the staff room on the above date and time have been identified as close contacts of COVID-19. COVID-19 is a respiratory illness that is spread through droplets when a person coughs, speaks, or by touching surfaces contaminated by the virus with your hands and then touching your face before washing your hands.

Eyes, nose, and mouth are all considered “portals of entry” in which the COVID-19 can enter your body and cause infection. The individual you were exposed to could transmit the virus even without symptoms such as coughing. When all “portals of entry” are not protected with PPE, individuals are considered a contact. Please note that eye glasses are not considered protective PPE.

A risk assessment has been completed by YCDC; after careful analysis the clinical care for affected staff are:

- self-isolate until January 14<sup>th</sup> inclusive, and self-monitor for symptoms through January 21<sup>st</sup>, if:
  - not fully immunized against COVID-19 as described below or if you are immunized but have moderate to severe immunosuppression.
- self-monitor for symptoms through January 21<sup>st</sup>, if:
  - If you are not moderately to severely immunosuppressed due to illness or medication, you’d need to have had:
    - 2 doses of COVID-19 vaccine, with the second dose received within the last 6 months and at least 14 days before the contact; OR
    - 3 doses of COVID-19 vaccine at least 14 days before the contact; OR
  - diagnosed with lab confirmed COVID-19 in the last 90 days.

It is very important that if any symptoms develop, no matter how mild, you do not go to work and follow current guidance on Yukon.ca.

Symptoms to self-monitor for include:

• <b>Fever</b>	• <b>Sore throat</b>	• <b>Loss of appetite</b>
• <b>Chills</b>	• <b>Loss of sense of taste or smell</b>	• <b>Nausea and vomiting</b>
• <b>Cough</b>	• <b>Headache</b>	• <b>Diarrhea</b>
• <b>Shortness of breath</b>	• <b>Fatigue</b>	• <b>Muscle aches</b>
• <b>Runny nose</b>		

Symptoms of COVID-19 may be mild or severe and often have a different presentation in persons who are very young or older persons. While most people will experience mild illness, older adults and people with pre-

existing medical conditions are at higher risk for severe illness.

If you were to develop any symptoms, no matter how mild, do not go to work or school and visit Yukon.ca for current guidance.

If you are eligible for COVID-19 immunization and not yet fully immunized, please book your immunization after your isolation period has ended. For general information on COVID-19 see [yukon.ca/en/covid-19-information](https://yukon.ca/en/covid-19-information)