



**Yukon Communicable Disease Control**  
**4 Hospital Rd, Whitehorse, Yukon Y1A 3H8**



January 11, 2022

To Parents, Guardians, Students and Staff of Teddy Bear Daycare,

Yukon Communicable Disease Control (YCDC) has been made aware of a positive case of COVID-19 affecting Teddy Bear Daycare on January 10, 2022.

Staff and students who attended on the above date have been identified as close contacts of COVID-19. COVID-19 is a respiratory illness that is spread through droplets when a person coughs, speaks, or by touching surfaces contaminated by the virus with your hands and then touching your face before washing your hands.

A risk assessment has been completed by YCDC; after careful analysis the clinical care for staff and students connected to the above date is:

- self-isolate until January 17 inclusive, and self-monitor for symptoms through January 24, if:
  - not fully immunized against COVID-19 as described below or if you are immunized but have moderate to severe immunosuppression.
- self-monitor for symptoms through January 24, if:
  - If you are not moderately to severely immunosuppressed due to illness or medication, you'd need to have had:
    - **2 doses** of COVID-19 vaccine, with the second dose received within the last 6 months and at least 14 days before the contact; OR
    - **3 doses** of COVID-19 vaccine at least 14 days before the contact; OR
  - diagnosed with lab confirmed COVID-19 in the last 90 days.

It is very important that if any symptoms develop, no matter how mild, you do not go to work or school and follow current guidance on Yukon.ca.

Symptoms to self-monitor for include:

- |                              |  |                              |
|------------------------------|--|------------------------------|
| • <b>Fever</b>               | • <b>Sore throat</b>                     | • <b>Loss of appetite</b>    |
| • <b>Chills</b>              | • <b>Loss of sense of taste or smell</b> | • <b>Nausea and vomiting</b> |
| • <b>Cough</b>               | • <b>Headache</b>                        | • <b>Diarrhea</b>            |
| • <b>Shortness of breath</b> | • <b>Fatigue</b>                         | • <b>Muscle aches</b>        |
| • <b>Runny nose</b>          |  |                              |

Symptoms of COVID-19 may be mild or severe and often have a different presentation in persons who are very young or older persons. While most people will experience mild illness, older adults and people with pre-existing medical conditions are at higher risk for severe illness.

If you were to develop any symptoms, no matter how mild, visit Yukon.ca for the most up to date information and guidance.

If you are eligible for COVID-19 immunization and not yet fully immunized, please book your immunization after your isolation period has ended. For general information on COVID-19 see [yukon.ca/en/covid-19-information](https://yukon.ca/en/covid-19-information)