



**Yukon Communicable Disease Control
4 Hospital Rd, Whitehorse, Yukon Y1A 3H8**

November 29, 2021

To parents, guardians and staff,

Yukon Communicable Disease Control (YCDC) has been made aware of **a positive case of COVID-19 at Watson Lake Day Care** at 100 7th Street, Watson Lake affecting the:

- Preschool Group on Monday, November 22nd to Friday, November 26th

All staff and children who attended or provided care in the above group have been identified as close contacts of COVID-19. YCDC has completed a careful risk assessment and the clinical care direction for children and staff attending or working in the above classes is:

A. self-isolate until December 6th inclusive, and self-monitor for symptoms through December 10th, if:

- contact is not fully immunized against COVID-19 (as described below in Section B).

B. self-monitor for symptoms through December 10th, if:

- contact is not significantly immunosuppressed due to illness or medication AND has received 2 doses of COVID-19 immunization, with the last dose prior to November 8th.
OR
- contact is significantly immunosuppressed due to illness or medication AND has received 3 doses of COVID-19 immunization, with the last dose prior to November 8th.
OR
- contact has been diagnosed with lab confirmed COVID-19 in the last 90 days.

It is very important that if any symptoms develop, no matter how mild, you do not go to work or school and arrange for testing. COVID-19 is a respiratory illness that is spread through droplets when a person coughs, speaks, or touches surfaces contaminated by the virus and then touches their face before washing their hands. Children in these age groups often have mild symptoms.

Symptoms to self-monitor for include:

| | | |
|------------------------------|--|------------------------------|
| • Fever | • Sore throat | • Loss of appetite |
| • Chills | • Loss of sense of taste or smell | • Nausea and vomiting |
| • Cough | • Headache | • Diarrhea |
| • Shortness of breath | • Fatigue | • Muscle aches |
| • Runny nose | | |

Symptoms of COVID-19 may be mild or severe and often have a different presentation in persons who are very young or older persons. While most people will experience mild illness, older adults and people with pre-existing medical conditions are at higher risk for severe illness.

If you develop any symptoms, no matter how mild, contact **the Watson Lake Health Centre at 867-536-5255, or the Watson Lake Community Hospital at 867-536-4444**. When calling, please mention that you are part of

the **Watson Lake Daycare** notifications.

If you are eligible for COVID-19 immunization and not yet fully immunized, please book your immunization after your isolation period has ended. For general information on COVID-19 see yukon.ca/en/covid-19-information