

Putting on



Wash hands or use hand sanitizer.



Make sure mask is clean and dry.



Hold by the ties or loops.



Cover the bridge of your nose to your chin.



Avoid touching the mask or your face under the mask.



Change it if wet or dirty.

Taking off



Wash hands or use hand sanitizer.



Remove mask by using the straps behind your ears or head. Do not touch the front of the mask.



When disposing of mask, place it into a lined wastebasket. If reusing, place it into a paper bag.



Wash hands or use hand sanitizer again.

How to wear a non-medical mask.