

KNOW THE RISKS

There are more than 80 classes of over-the-counter (OTC) medications to treat a variety of symptoms including pain, coughs and colds, diarrhea, heartburn, constipation and others.

Even though they do not need a prescription, OTC medications may cause significant side effects. Some can interact with your prescription medications, while other products can cause organ damage if taken in amounts greater than recommended.

Over the counter medication

Common examples include:

- pain relievers (such as Aspirin), acetaminophen (such as Tylenol) and ibuprofen (such as Advil, Motrin)
- cough suppressants like dextromethorphan (such as Robitussin)
- antihistamines like loratadine (such as Claritin) and
- diphenhydramine (such as Benadryl)
- stomach medications (such as Kaopectate® and Pepto-Bismol™)

KNOW THE MEDICATIONS
THAT IMPAIR.
TALK WITH YOUR
PHARMACIST OR DOCTOR.

For more information, please visit our website: **Yukon.ca/know-the-medications-that-impair**

