



**Yukon Communicable Disease Control
4 Hospital Rd, Whitehorse, Yukon Y1A 3H8**

Jan 21, 2022

To Parents, Guardians and Staff at Grow With Joy Daycare,

Yukon Communicable Disease Control (YCDC) has been made aware of a positive case of COVID-19 at Grow With Joy affecting the following:

- January 17, 2022 & Jan 18, 2022

You have been identified as a close 'contact' of COVID-19. YCDC has completed a careful risk assessment and the clinical care direction is:

- A. self-isolate until Jan 25, 2022 inclusive, and self-monitor for symptoms through February 1, 2022, if:
 - you are not fully immunized to COVID-19 (as described below in Section B).
- B. self-monitor for symptoms through February 1, 2022 , if:
 - you are not significantly immunosuppressed due to illness or medication; AND
 - have received 2 doses of COVID-19 immunization, with the 2nd dose received after July 18, 2021 and before January 3, 2022; OR
 - have received 3 doses (2 doses + 1 booster) of COVID-19 immunization before January 3, 2022 OR
 - you have been diagnosed with lab confirmed COVID-19 in the last 90 days.

It is very important that if any symptoms develop, no matter how mild, you do not go to work or school follow current guidance on Yukon.ca. COVID-19 is a respiratory illness that is spread through droplets when a person coughs, speaks, or touches surfaces contaminated by the virus and then touches their face before washing their hands.

Symptoms to self-monitor for include:

• Fever	• Sore throat	• Loss of appetite
• Chills	• Loss of sense of taste or smell	• Nausea and vomiting
• Cough	• Headache	• Diarrhea
• Shortness of breath	• Fatigue	• Muscle aches
• Runny nose		

Symptoms of COVID-19 may be mild or severe and often have a different presentation in persons who are very young or older persons. While most people will experience mild illness, older adults and people with pre-existing medical conditions are at higher risk for severe illness.

If you were to develop any symptoms, no matter how mild, do not go to work or school and visit Yukon.ca for current guidance.

If you are eligible for COVID-19 immunization and not yet fully immunized, please book your immunization after your isolation period has ended. For general information on COVID-19 see yukon.ca/en/covid-19-information