

Yukon Communicable Disease Control 4 Hospital Rd, Whitehorse, Yukon Y1A 3H8

January 11, 2022



To Parents, Guardians, Students and Staff of Grow with Joy Daycare (Riverdale),

Yukon Communicable Disease Control (YCDC) has been made aware of a positive case of COVID-19 affecting Grow with Joy Daycare January 5 -7 and 10th 2022.

Staff and students who attended on the above dates have been identified as close contacts of COVID-19. COVID-19 is a respiratory illness that is spread through droplets when a person coughs, speaks, or by touching surfaces contaminated by the virus with your hands and then touching your face before washing your hands.

A risk assessment has been completed by YCDC; after careful analysis the clinical care for staff and students connected to the above date is:

- **self-isolate** for 7 days after the last day your child attended any of the above noted dates (for example, if your child last attended daycare January 10, self isolate until January 17 inclusive), and self-monitor for symptoms for an additional 7 days if:
 - o not fully immunized against COVID-19 as described below or if you are immunized but have moderate to severe immunosuppression.
- self-monitor for symptoms for 14 days from the last day your child attended any of the above noted dates if:
 - You are not moderately to severely immunosuppressed due to illness or medication, and have had:
 - 2 doses of COVID-19 vaccine, with the second dose received within the last
 6 months and at least 14 days before the contact; OR
 - 3 doses of COVID-19 vaccine at least 14 days before the contact; OR
 - o diagnosed with lab confirmed COVID-19 in the last 90 days.

It is very important that if any symptoms develop, <u>no matter how mild</u>, you do not go to work or school and follow current guidance on Yukon.ca.

Symptoms to self-monitor for include:

Chills

Cough

Shortness of breath

Runny nose

Sore throat

 Loss of sense of taste or smell

Headache

Fatigue

Loss of appetite

Nausea and vomiting

Diarrhea

Muscle aches

Symptoms of COVID-19 may be mild or severe and often have a different presentation in persons who are very young or older persons. While most people will experience mild illness, older adults and people with pre-

existing medical conditions are at higher risk for severe illness.

If you were to develop <u>any</u> symptoms, no matter how mild, visit Yukon.ca for the most up to date information and guidance.

If you are eligible for COVID-19 immunization and not yet fully immunized, please book your immunization after your isolation period has ended. For general information on COVID-19 see www.vukon.ca/en/covid-19-information