



**Yukon Communicable Disease Control**  
**4 Hospital Rd, Whitehorse, Yukon Y1A 3H8**



January 16, 2022

To parents, guardians, students and staff of Hidden Valley Elementary School,

Yukon Communicable Disease Control (YCDC) has been made aware of a positive case of COVID-19 at Hidden Valley Elementary School affecting following grades/classes:

- Grade 7 class from Monday, January 10<sup>th</sup> to Thursday, January 13<sup>th</sup>

All staff and students who attended or worked in the above classes have been identified as close 'contacts' of COVID-19. YCDC has completed a careful risk assessment and the clinical care direction for students and staff attending or working in the above classes is:

- A. self-isolate until January 20 inclusive, and self-monitor for symptoms through January 27, if:
  - you are not fully immunized to COVID-19 (as described below in Section B).
- B. self-monitor for symptoms through January 27, if:
  - you are not significantly immunosuppressed due to illness or medication; AND
  - have received 2 doses of COVID-19 immunization, with the 2<sup>nd</sup> dose received after July 10 and before December 27; OR
  - have received 3 doses (2 doses + 1 booster) of COVID-19 immunization before December 27; OR
  - you have been diagnosed with lab confirmed COVID-19 in the last 90 days.

It is very important that if any symptoms develop, no matter how mild, you do not go to work or school and follow current guidance on Yukon.ca. COVID-19 is a respiratory illness that is spread through droplets when a person coughs, speaks, or touches surfaces contaminated by the virus and then touches their face before washing their hands.

Symptoms to self-monitor for include:

- |                       |                                   |                       |
|-----------------------|-----------------------------------|-----------------------|
| • Fever               | • Sore throat                     | • Loss of appetite    |
| • Chills              | • Loss of sense of taste or smell | • Nausea and vomiting |
| • Cough               | • Headache                        | • Diarrhea            |
| • Shortness of breath | • Fatigue                         | • Muscle aches        |
| • Runny nose          |                                   |                       |

Symptoms of COVID-19 may be mild or severe and often have a different presentation in persons who are very young or older persons. While most people will experience mild illness, older adults and people with pre-existing medical conditions are at higher risk for severe illness.

If you were to develop any symptoms, no matter how mild, do not go to work or school and visit Yukon.ca for current guidance.

If you are eligible for COVID-19 immunization and not yet fully immunized, please book your immunization after your isolation period has ended. For general information on COVID-19 see [yukon.ca/en/covid-19-information](https://www.yukon.ca/en/covid-19-information)