

**COVID-19**  
**Initial Clinical**  
**Assessment and**  
**Quick Reference:**  
**Family Physicians'**  
**Offices**

26 February 2020

**1) Assess Signs & symptoms**

Does the patient have one or more of the following signs/symptoms?

- Cough
- Fever
- Breathing Difficulties
- Acute Respiratory Distress
- Pneumonia
- Severe ILI (influenza-like illness)

IF YES

**2) Assess Travel History**

Has the patient met one or more exposure criteria within 14 days of onset of illness?

- Travel\* to China, South Korea, Italy, Singapore, Japan, Iran, Hong Kong; OR
- Close contact (ie lived with or provided direct care) with a probable or confirmed case of 2019-nCoV; OR
- Close contact (ie lived with or provided direct care) with someone with acute respiratory illness who has recently travelled to affected\* areas (listed above) 14 days prior to their illness.

IF NO

IF YES

**Negligible**  
**risk for**  
**COVID-19**

- COVID-19 is in differential
- Continue with contact & droplet precautions in the clinic setting
- Advise patient to self isolate and will be contacted by a nurse from YCDC
- Notify CMOH/DCMOH or YCDC for further conversation including testing and home based follow-up

See 2019 Novel Coronavirus (COVID-19) Guidance for Clinical Staff in Family Physicians' Offices for further information including transfer of clients and follow-up care.

**What to do if COVID-19 is in your differential diagnosis for a patient in your clinic:**

**Routine examination can safely occur within a clinic setting for symptomatic patients, provided droplet and contact precautions are in place:**

- Upon entering the room HCWs should wear:
  - facial protection: mask and eye protection, or face shield, or mask with visor attachment
  - a clean, non-sterile, long-sleeved gown;
  - gloves;
- after patient care, appropriate doffing and disposal of all PPE's and hand hygiene should be carried out immediately upon exiting the clinic room
- a new set of PPE's is needed, when care is given to a different patient
- equipment should be either single-use and disposable or dedicated equipment (e.g., stethoscopes, blood pressure cuffs and thermometers). If equipment needs to be shared among patients, clean and disinfect it between use for each individual patient (e.g., by using ethyl alcohol 70%).

**Contact YCDC at (867) 667-5080 – during business hours or the CMOH on call (867) 335-0546 or (867) 332-1160 about a potential COVID-19 patient, 7 days a week, all hours.**

\*Affected areas are changing rapidly as the situation continues to evolve. Check [www.hss.gov.yk.ca/health\\_professionals\\_guidelines.php](http://www.hss.gov.yk.ca/health_professionals_guidelines.php) for ongoing updates