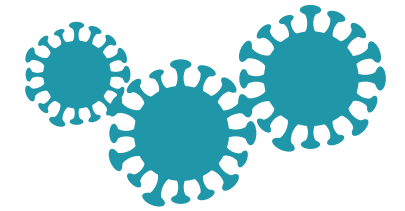


REDUCE THE SPREAD OF VIRUSES

WASH YOUR HANDS



1

Wet hands with warm water



2

Apply soap



3

For at least 20 seconds, make sure to wash:



4

Rinse well



5

Dry hands well with paper towel



6

Turn off taps using paper towel



palm and back of each hand



between fingers



under nails



thumbs