

Decision support tool for testing recommendation and return to regular activities (i.e. daycare, preschool, recreation) for mild acute illness

Ages: 6 months through 5 years of age

COVID-19 is part of a differential diagnosis and clinical judgment is important in the work up of individuals presenting with these symptoms. Please remember to consider other possible diagnoses in the evaluation of the patient.

This guidance DOES NOT apply to the following patients:

- Persons who are contacts of COVID-19.
- Persons who may be severely immunocompromised or have complex medical histories.
- Persons who have returned from travel outside of Yukon.

RED symptoms

- Cough
- Fever/chills
- Shortness of breath or difficulty breathing

YELLOW symptoms

- Headache
- Runny nose or congestion
- Sore throat
- Fatigue or just unwell, or unable to participate in usual activities (i.e. acute/intense fatigue, generalized muscle aches not related to physical exertion)
- Significant loss of appetite
- Nausea, vomiting and/or diarrhea

Symptom profile	COVID-19 testing	If testing declined clinical management required
Presence of one or more RED symptoms	Testing strongly recommended	10 days self-isolation from onset of symptoms. If symptoms resolve sooner, 10 days self-isolation is still required in the absence of a test. Presence of RED symptoms alone or in combination with YELLOW symptoms warrant further investigation. Urgent follow-up may be required depending on the age of patient, severity and duration due to the large differential possible.
Presence of YELLOW symptoms	Testing optional	Presence of symptoms in the YELLOW symptom list in the absence of a fever are not good predictors of COVID-19 in this age group in a low epidemiological/risk context . If otherwise well, may observe for 24 hours. When symptoms resolve can return to day care/routine activities etc. Exceptions: Runny nose/nasal congestion , if persists beyond 24 hours, is mild, non-progressive, the individual is otherwise well and this is the only symptom, individuals may resume regular activities including day care. Diarrhea/vomiting , should wait 24 hours post resolution of symptoms prior to regular activities.

Considerations:

- Where there is a reasonable alternate explanation, such as predictable COPD exacerbation, seasonal allergies, and otherwise no exposure risk, testing is at discretion of the provider.
- Anyone who wishes to be tested for COVID-19 with a single symptom can still be tested at the discretion of the HCP and patient
- There is no public health requirement for a note or clearance letter to support return to daily activities.
- All patients who are tested for COVID-19 must self-isolate.
- If COVID-19 has been excluded from the differential and symptoms persist, further evaluation is recommended as per routine expectations of care.