

# Help prevent the spread of COVID-19

## Prevention starts with awareness.

Know how you can protect yourself and others from COVID-19

- Wash your hands frequently
- Cover coughs and sneezes with a tissue or your inner elbow
- Avoid touching your face with unwashed hands
- Stay more than 2 metres (6 FT) apart
- Stay home if you're feeling sick

Concerns about your health?

Talk to your health provider or call **811**.

For more information visit: [yukon.ca/COVID-19](https://yukon.ca/COVID-19)

