

## Trained Observer Checklist for PPE Donning (putting on) \*High Risk<sup>1</sup>

Done ✓	
	1. Trained Observer (TO) is available and has changed into required PPE: a. Fluid Resistant gown, shoe covers, face shield and gloves
	2. TO is ready to monitor the steps of the PPE donning checklist and will assist healthcare provider (HCP) as required
	3. HCP has completed the following pre-donning activities: a. Removed all personal items (e.g., jewelry, watches, cell phones, pagers, pens, lanyards, stethoscopes) b. Signed into log book c. Hydrated and recently used the washroom d. Tied or pulled longer hair back e. Ensured all required PPE are available in the sizing appropriate for HCP fit
	4. HCP to perform hand hygiene and proceed with the following steps:
	5. Put on boot covers – sit on clean chair or stool, if available a. Place boot cover on toes of foot and pull up leg
	6. Perform Hand Hygiene
	7. Put on N95 respirator: a. Place over the nose, mouth and chin b. Flexible nose piece is fitted over bridge of nose c. Secure on head with elastics: bottom elastic first at the base of the neck, then top elastic at the crown of your head d. HCP performs seal-check
	8. Put on fluid resistant hood: a. Ensure smooth fit around face and neck without causing restrictions b. TO may assist with neck tie if difficult to reach
	9. Put on inner gloves (regular or extended length nitrile)
	10. Put on fluid resistant gown: a. Ensure gown fits over the yoke of hood b. Gown is securely fastened at the neck, waist and back using all Velcro/ties provided c. TO may assist with ties if required
	11. Put on face shield over the N95 respirator and fluid resistant hood: a. Adjust to fit b. Ensure there is an overlap to protect the forehead
	12. Put on fluid resistant disposable outer apron (if using and has been recommended)
	13. Put on the outer 2 <sup>nd</sup> pair gloves: a. Long cuff nitrile gloves that fit over the cuff of the gown
	14. TO verifies that all pieces of PPE are in place and all skin areas are covered
	15. HCP reaches and bends over to ensure PPE stays in place while in motion

Date/Time \_\_\_\_\_ Healthcare Provider \_\_\_\_\_

Trained Observer \_\_\_\_\_

<sup>1</sup> High risk symptoms: Bleeding or uncontrolled diarrhea or uncontrolled vomiting

High Risk procedures: Aerosol generating medical procedures (AGMPs), CPR, central line insertion, procedures that result in copious amounts of body fluid contamination