

COVID-19 VACCINE INFORMATION FOR YOUTH AND PARENTS

GETTING THE VACCINE

Why do youth need a vaccine?

Variants are hitting younger, healthier people. Even a mild case of COVID-19 can have long-term effects. Youth can protect themselves, their community and their future by getting vaccinated.

What vaccine is available for youth?

For youth age 12 to 17, the Pfizer vaccine will be available for a limited time. Although Moderna is available for adult Yukoners, it is still in clinical trials for youth. Accessing and offering Pfizer now will allow us to vaccinate our youth sooner. Both Pfizer and Moderna are mRNA vaccines and are very similar.

How do youth get the vaccine?

You will need to book an appointment to get vaccinated. Visit yukon.ca/this-is-our-shot to book your vaccine appointment online. If you need help booking, call 1-877-374-0425 or your community health centre.

Will there be another chance for youth to get vaccinated?

Moderna is currently completing clinical trials on children and youth, and may be available later this year. Once approved, youth will be able to access the vaccine through their health centre on an ongoing basis.

There is so much conflicting information out there. Who do I trust?

When you look for information online, make sure it's from a trusted source. The federal or Yukon government health websites are examples. Your health-care provider is another great trusted source. Don't hesitate to ask them your questions.

For more information visit:

yukon.ca/this-is-our-shot

SAFETY

How does the vaccine protect me from COVID-19?

A vaccine is a way to build your immune system. The vaccine teaches our bodies to produce protection to prevent us from getting sick if we're exposed to the COVID-19 virus. In clinical trials, youth who received two doses of the Pfizer vaccine were 100% less likely to become sick with COVID-19.

Is the vaccine safe for youth?

Yes. Just like every vaccine we use in Canada, this one is Health Canada-approved, which means it's a vaccine you can trust. Health Canada completed a thorough and independent scientific review of the evidence.

Why and how was a COVID-19 vaccine discovered so much faster than normal?

Simply put, because there's nothing normal about a pandemic. The efforts to find a vaccine for COVID-19 have been on a scale that's never been seen before. With so many resources put towards it, this vaccine was developed in record time. While the need to deliver the vaccine quickly was important, no steps in the approval process were missed. Instead, with more resources came faster results.

What are the risks of the vaccine for young people?

The risk of a serious side effect, like an allergic reaction, is very low. Some mild side effects can be expected in the days following vaccination, such as:

- Pain, redness, itchiness or swelling (soon after or delayed onset 7 days after)
- Swelling or tenderness in the armpit
- Tiredness or headache
- Fever and/or chills
- Muscle or joint soreness
- Nausea and vomiting

this
IS **AGES
12-17**
OUR
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LET'S TAKE IT


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