

Information on the Moderna COVID-19 vaccine for people who are breastfeeding or pregnant

Key information

There is no reason to believe that the Moderna COVID-19 vaccine poses a risk to breastfeeding or pregnant people or their infants.

There is a long history of safe use of other vaccines during pregnancy or while breastfeeding.

Public health and immunization experts in Yukon and across the country all agree that these people can receive the vaccine. If you have questions, speak to your health care provider about the Moderna COVID-19 vaccine.

Making your decision

In Yukon, people who are pregnant or breastfeeding and decide to be vaccinated will receive the Moderna COVID-19 vaccine.

The decision to get the vaccine is a personal one. When making your decision, you should understand the risks. The risk of getting sick with COVID-19 outweighs any risk of harm from receiving the vaccine while pregnant or breastfeeding.

You can talk to your health care provider as you make your decision. They will be able to:

- share the latest information about the use of the vaccine in pregnant or breastfeeding individuals;
- talk through your medical status and risk of exposure to COVID-19; and
- review other information about risks and benefits of vaccination.

What we know

There is a long history of safe use of other vaccines during pregnancy or while breastfeeding. The effectiveness and safety of the Moderna COVID-19 vaccine is similar for people who are or aren't pregnant or breastfeeding. There are no known concerns about harm related to this vaccine for people who are pregnant or breastfeeding, or for their infants.

Pregnant and breastfeeding people were not included in the clinical trials for the Moderna COVID-19 vaccine. But, during the trials, 13 participants reported becoming pregnant. None of these people have had any known problems to date.

Higher risk of severe COVID-19 symptoms if infected

The majority of people, including pregnant people, who are infected with COVID-19 have mild symptoms. However, pregnant patients are more likely to experience serious symptoms and outcomes.

Have a discussion with your health care provider to help you make an informed decision.

For more information visit: www.pregnancyinfo.ca/covid/

