



Community and Youth Initiatives at Nts' äw Chua

About the programs

At Nts' äw Chua (in-so chua), we will provide live-in and outreach services with a youth-led, culturally relevant approach. The focus is on enhancing the quality and security of life for youth through empowerment, skill building, and strong social connections. These programs are available to any youth currently receiving, or eligible to receive, services from Family and Children's Services.

The program is based on a care framework, called the two-eyed seeing model, that blends Indigenous and non-Indigenous views, incorporating Indigenous perspectives and knowledge alongside evidence-based theories and practices. The framework places equal value on a youth's emotional, intellectual, spiritual, and physical needs. It is a holistic, wellness-oriented approach that requires staff to adapt their methods to the strengths, needs and circumstances of each youth.

Guiding Philosophies

The program is based on four foundational philosophies that define the approach to service delivery.

- **Family and Community Connection:** Family and community is central to who we are as human beings. A focus on family and community is critical in helping promote youth resiliency, social integration, and positive development.
- **Supportive and Semi-Independent Living, "Home":** Respectful, safe, home-like environments can provide youth with a sense of stability and security. In these environments, youth are better able to learn new skills and grow.
- **Skill-Building:** Supportive housing and semi-independent living gives youth the chance to learn the skills that are needed to live successfully on their own.
- **Youth Empowerment:** Empowering youth to be involved in their care fosters independence and self-determination.

Values

At Nts' äw Chua, all programming will reflect the core program values: inclusivity, culture, growth and knowledge.

Supportive Housing


On the main side of the property, four bedrooms with 24/7 staffing are dedicated to providing supportive housing for youth. Primarily for youth aged 15-17, this program will provide a safe, supportive environment where residents can focus on healing, learn valuable life skills, and build or rebuild a support network.

Semi-Independent Living

There are four semi-independent suites for older youth, age 17-19, who demonstrate maturity and would benefit from increased independence. These suites will provide youth with the flexibility to manage their day-to-day living while still residing in a home with access to ongoing support and services.

Drop-in and Outreach Services

A variety of services will be available to youth, whether living at Nts' äw Chua or not, including:

- Laundry, showers, emergency supplies
 - Computer and internet access
 - Support for educational and vocational planning
 - A variety of workshops and programming
- 



Applying to Nts' äw Chua

Interested youth must submit an application to live at Nts' äw Chua. Outreach and drop-in services are available without an application.

Process

Youth submit their application and then attend a meeting with the Youth Engagement Committee. The Engagement Committee will work with the youth and their supports to determine if Nts' äw Chua is an appropriate fit, based on their readiness and goals.

All youth (15-19) currently receiving, or eligible to receive, services from Family and Children's Services are eligible to apply. Younger youth may be considered if their social worker provides a recommendation.

Action Plans

All youth living at Nts' äw Chua will be engaged in action planning. Action plans take the high-level goals from the youth's plan of care and break them into smaller, specific "action steps".

Youth will be encouraged and guided to set goals for their education, vocation, community involvement, housing, family, and overall health and mental wellness.

Youth will meet with staff regularly to review their plans and update them, as needed. Staff at Nts' äw Chua will support youth to achieve their goals.

