

Yukon Communicable Disease Control 4 Hospital Rd, Whitehorse, Yukon Y1A 3H8

January 12th, 2022

To Parents, guardians, students and staff,

Yukon Communicable Disease Control (YCDC) has been made aware of a positive case of COVID-19 at École Selkirk Elementary School affecting:

• Grade 1/2 Split Class (English Stream), on January 10th and 11th

Students and staff present on the above date and time have been identified as close contacts of COVID-19. COVID-19 is a respiratory illness that is spread through droplets when a person coughs, speaks, or by touching surfaces contaminated by the virus with your hands and then touching your face before washing your hands.

A risk assessment has been completed by YCDC; after careful analysis the clinical care for affected students and staff are:

- self-isolate until January 18th inclusive, and self-monitor for symptoms through January 25th, if:
 - o not fully immunized against COVID-19 as described below or if you are immunized but have moderate to severe immunosuppression.
- self-monitor for symptoms through January 25th, if:
 - o If you are not moderately to severely immunosuppressed due to illness or medication, you'd need to have had:
 - 2 doses of COVID-19 vaccine, with the second dose received within the last
 6 months and at least 14 days before the contact; OR
 - 3 doses of COVID-19 vaccine at least 14 days before the contact; OR
 - o Diagnosed with lab confirmed COVID-19 in the last 90 days.

It is very important that if any symptoms develop, <u>no matter how mild</u>, you do not go to work and follow current guidance on Yukon.ca.

Symptoms to self-monitor for include:

- Fever
- Chills
- Cough
- Shortness of breath
- Runny nose

- Sore throat
- Loss of sense of taste or smell
- Headache
- Fatigue

- Loss of appetite
- Nausea and vomiting
- Diarrhea
- Muscle aches

Symptoms of COVID-19 may be mild or severe and often have a different presentation in persons who are very young or older persons. While most people will experience mild illness, older adults and people with pre-existing medical conditions are at higher risk for severe illness.

If you were to develop <u>any</u> symptoms, no matter how mild, do not go to work or school and visit Yukon.ca for current guidance.

If you are eligible for COVID-19 immunization and not yet fully immunized, please book your immunization after your isolation period has ended. For general information on COVID-19 see www.vukon.ca/en/covid-19-information