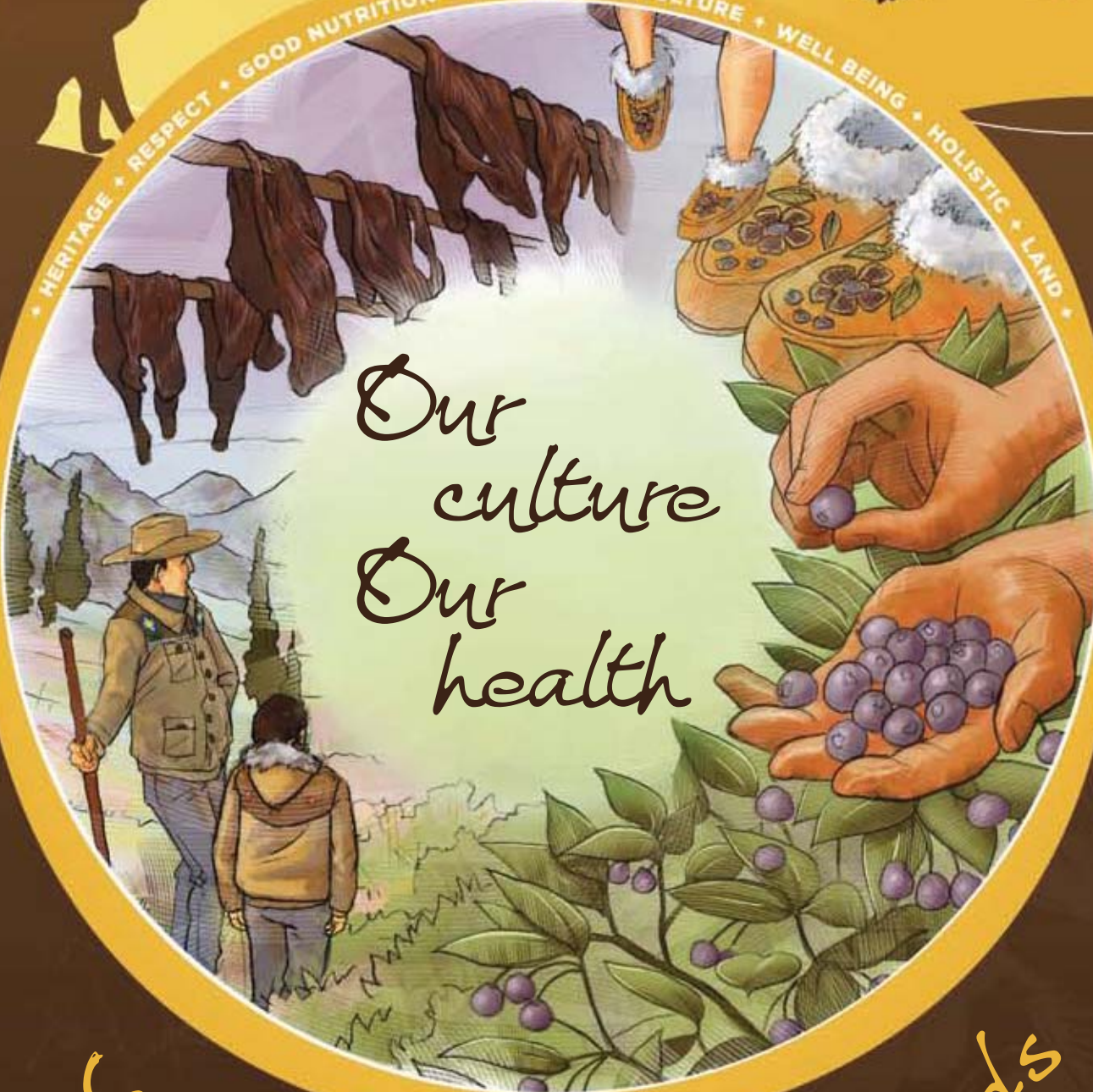




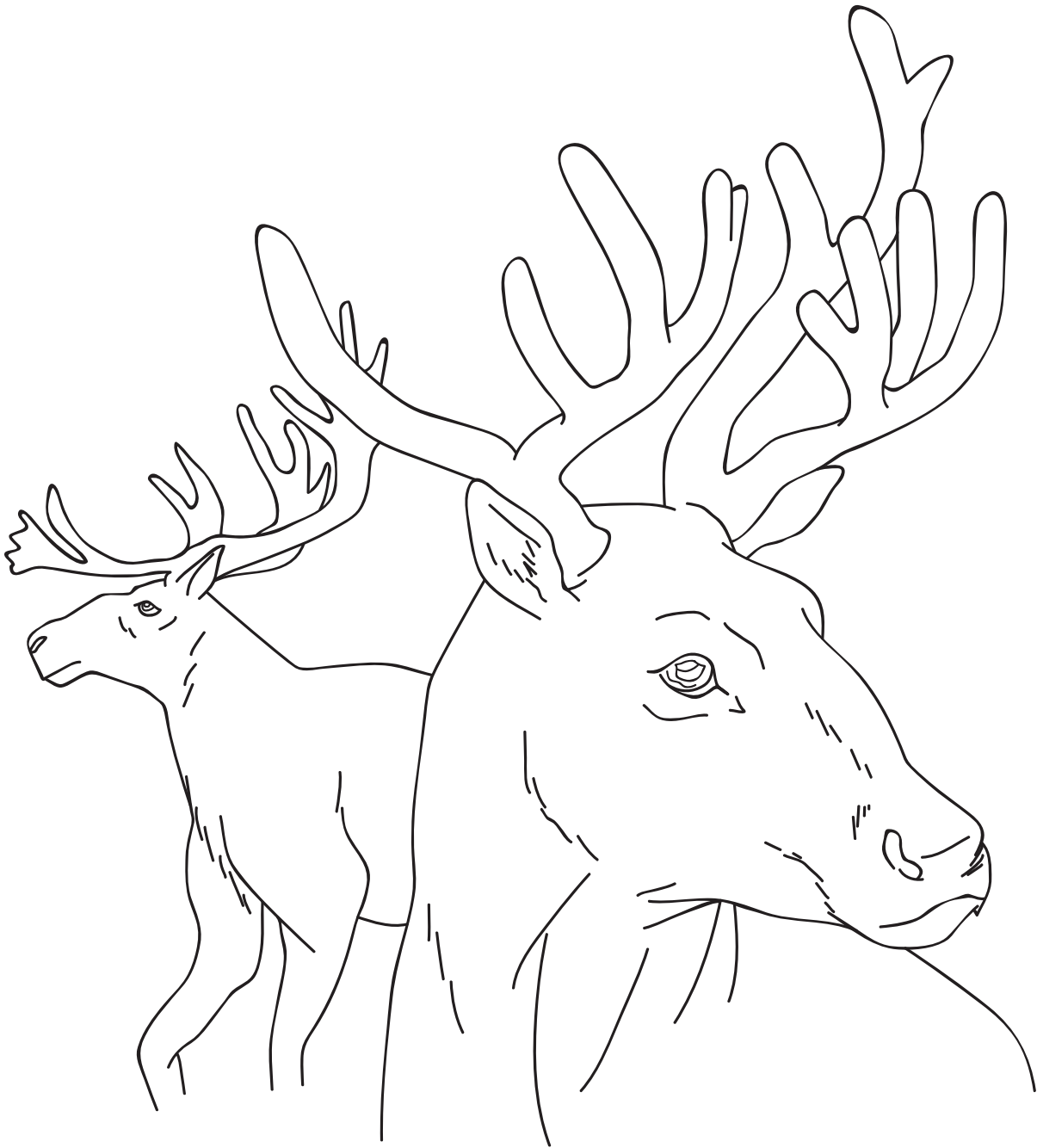
HERITAGE • RESPECT • GOOD NUTRITION • TRADITION • CULTURE • WELL BEING • HOLISTIC • LAND



Our
culture
Our
health

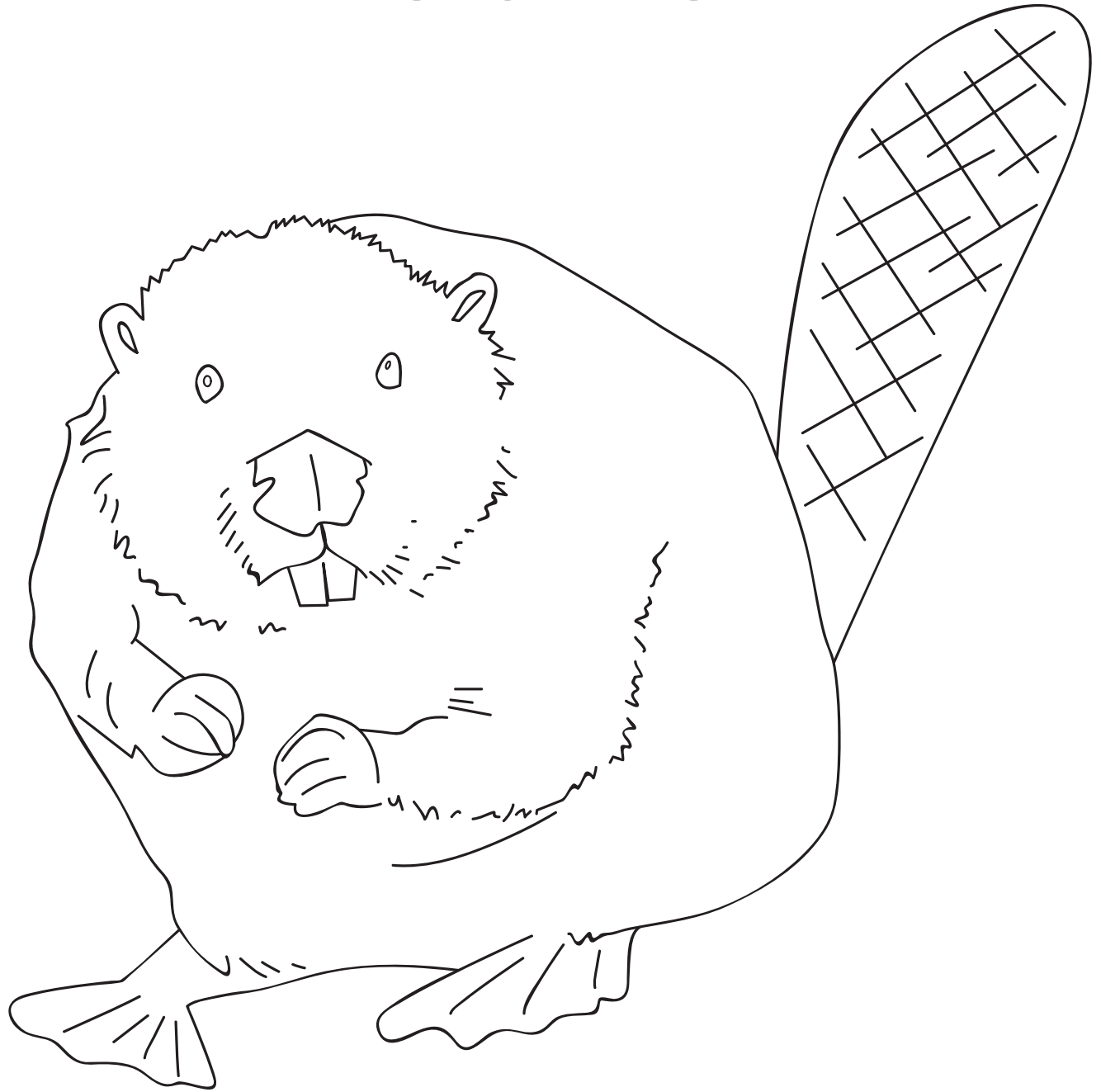
Yukon Traditional Foods
Colouring Book

Caribou



All parts of the caribou
provide good nutrition.

Beaver



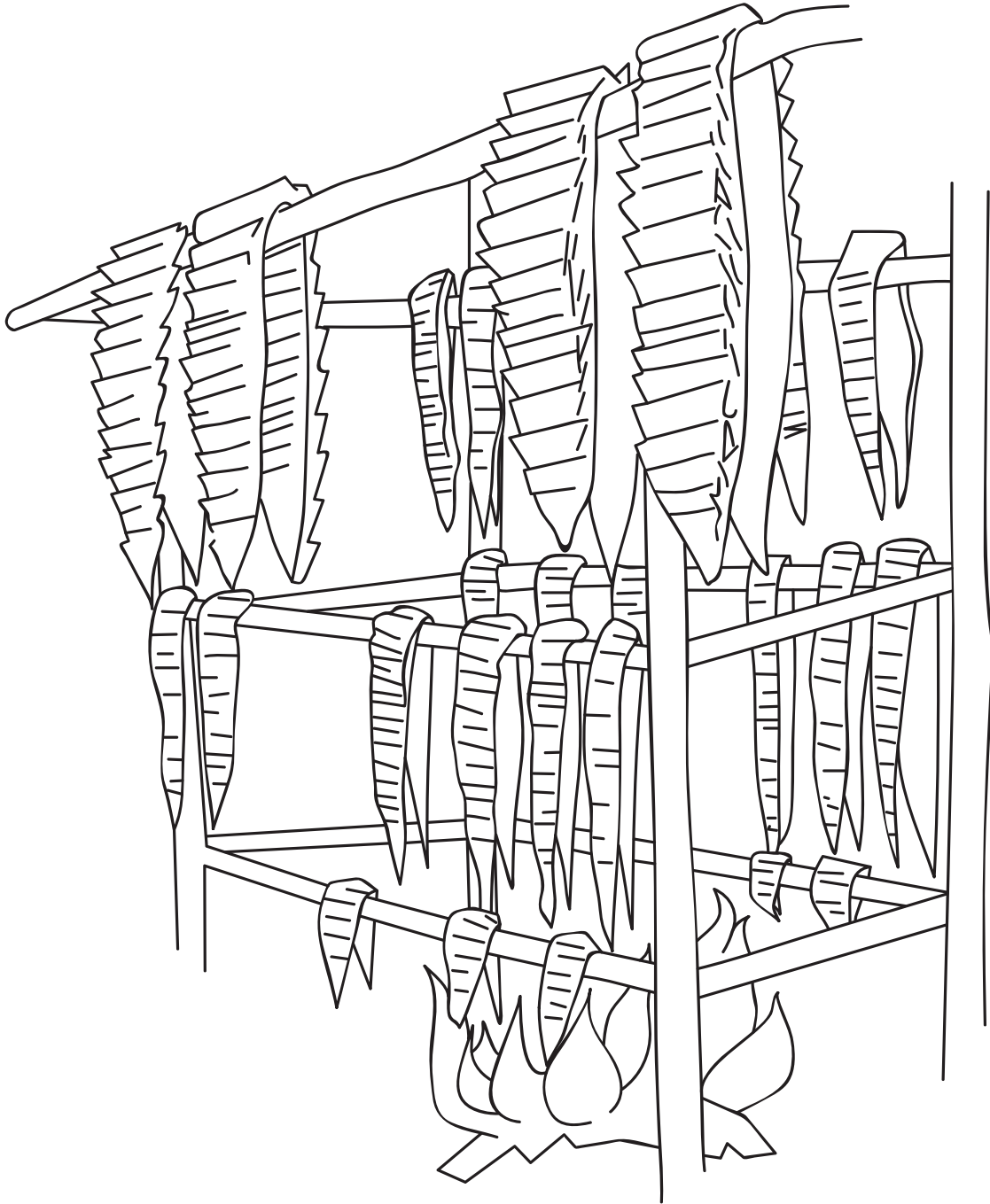
Treat the animal with respect and it will treat you the same way.

Geese



For strong blood
and muscles.

Drying Fish



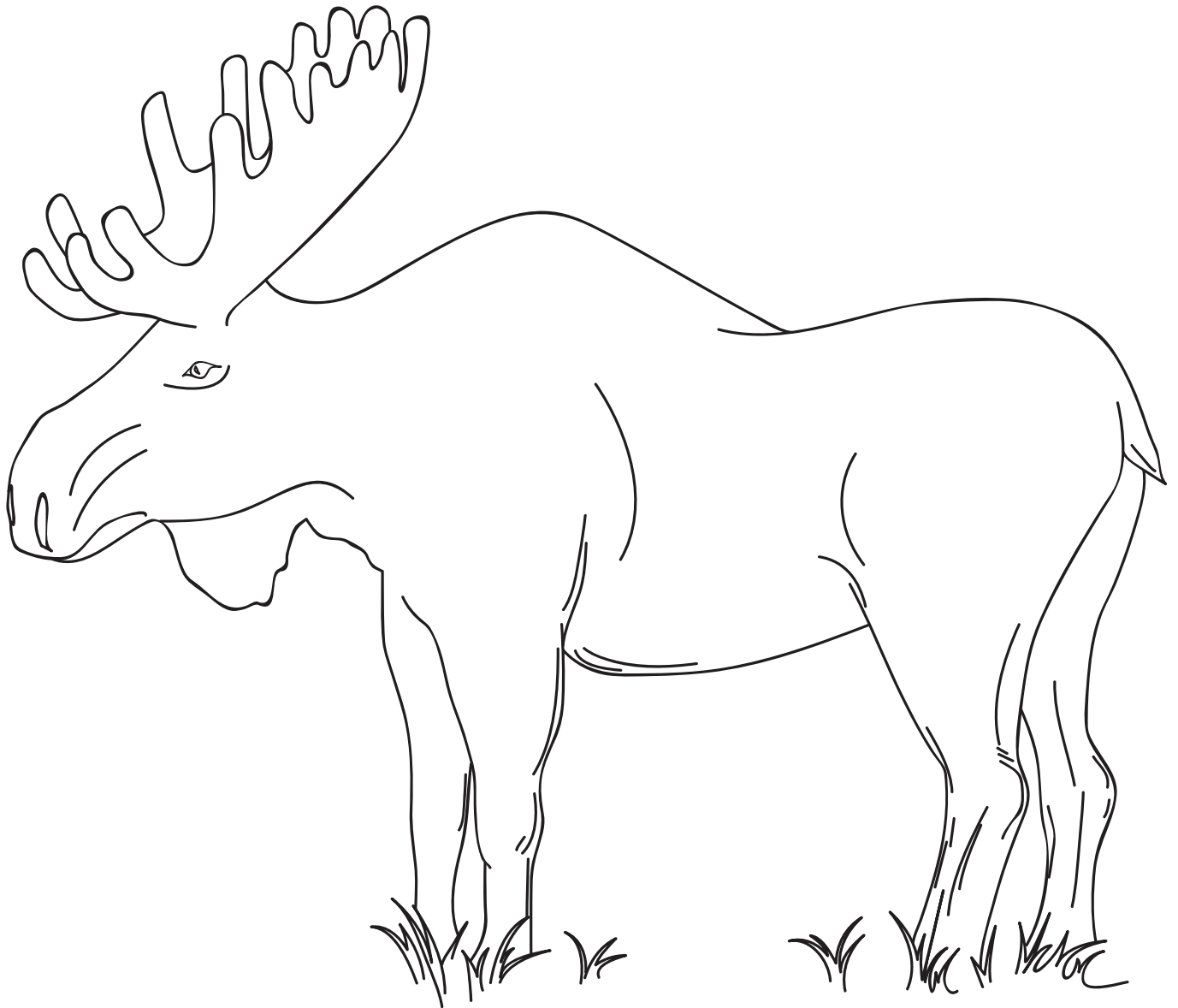
Builds strong teeth
and bones.

Muskrat



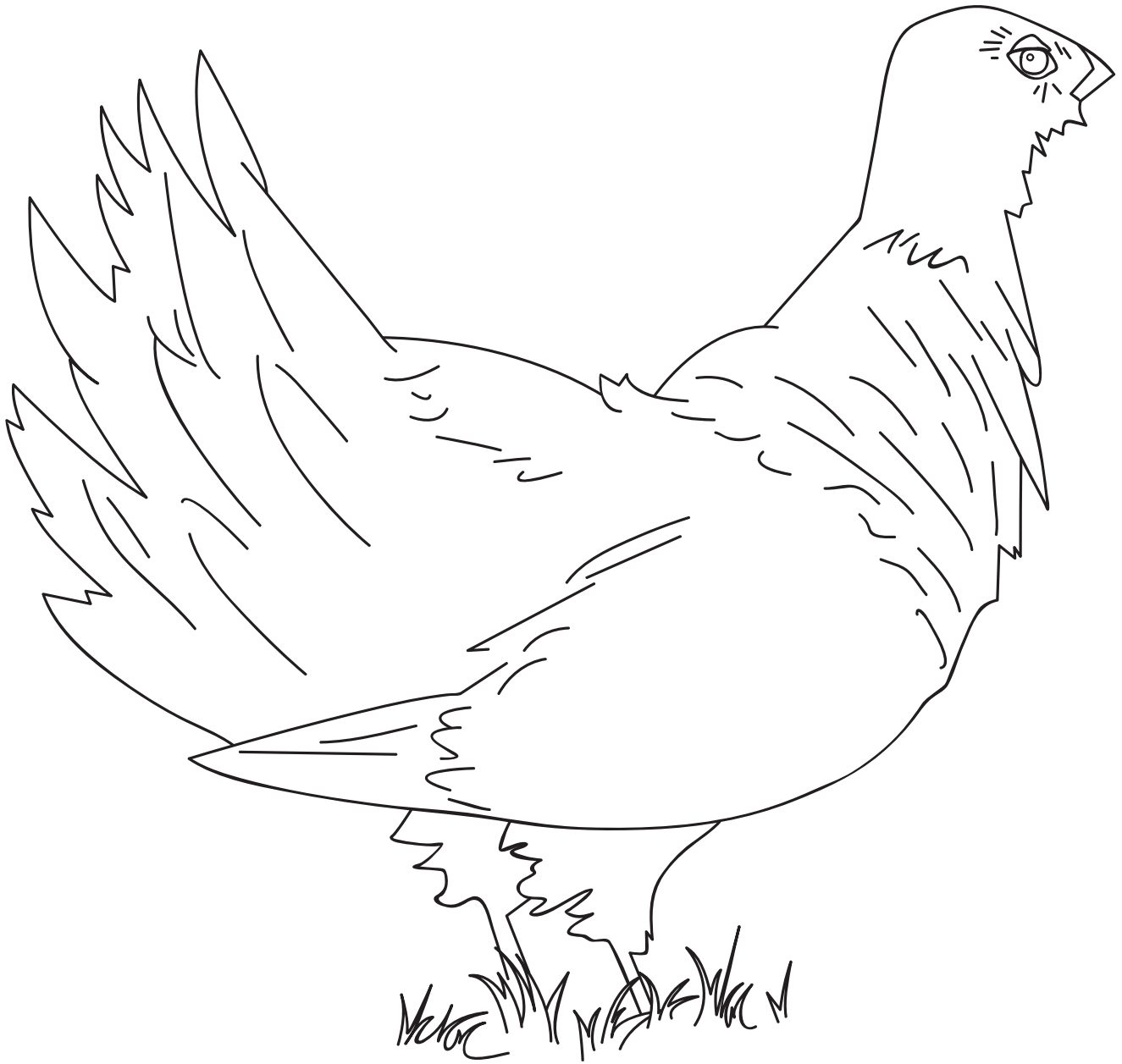
Trapping is a
healthy lifestyle.

Moose



All parts of the moose
provide good nutrition.

Grouse



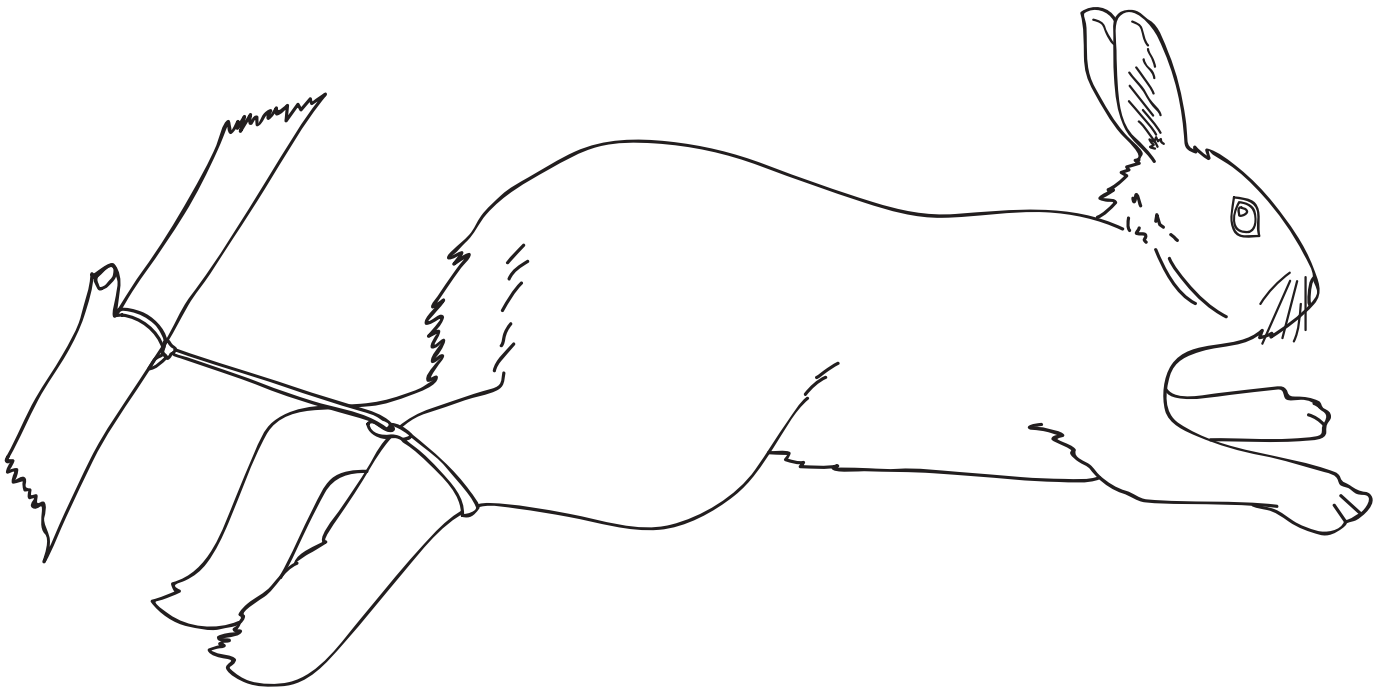
Our food follows
the seasons.

Berries



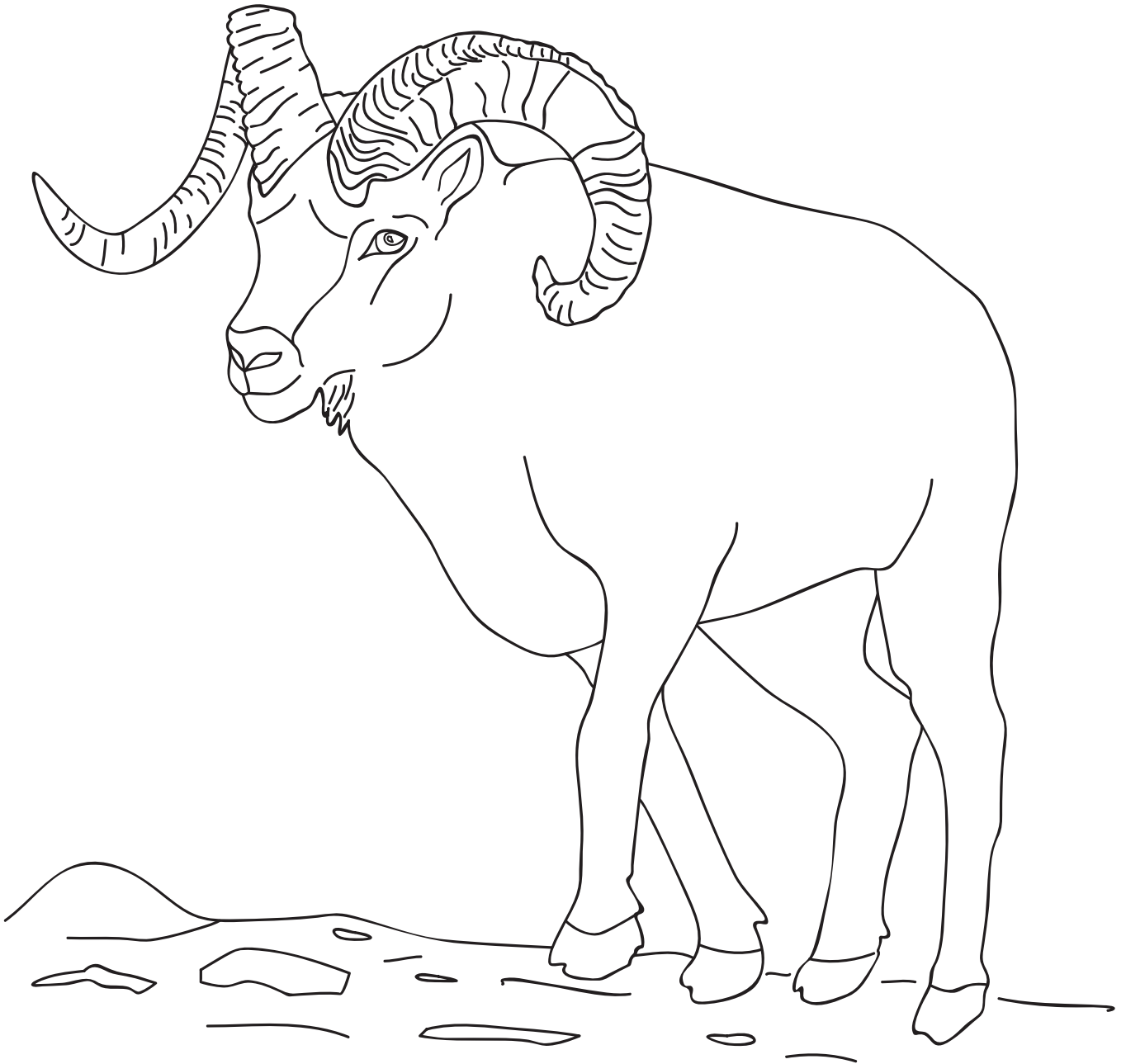
Rich in vitamins.

Snowshoe Hare



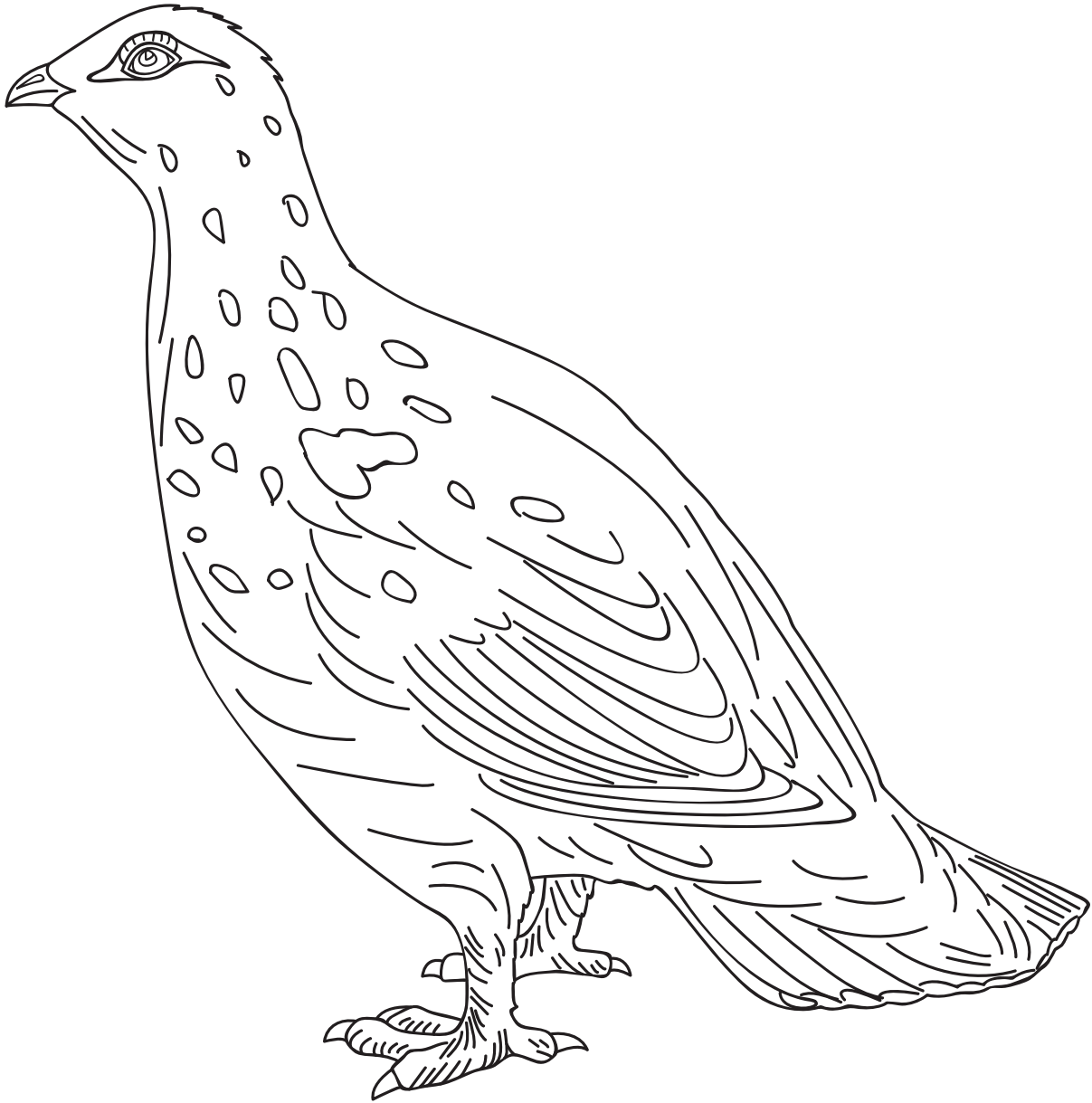
For strong blood
and muscles.

Sheep



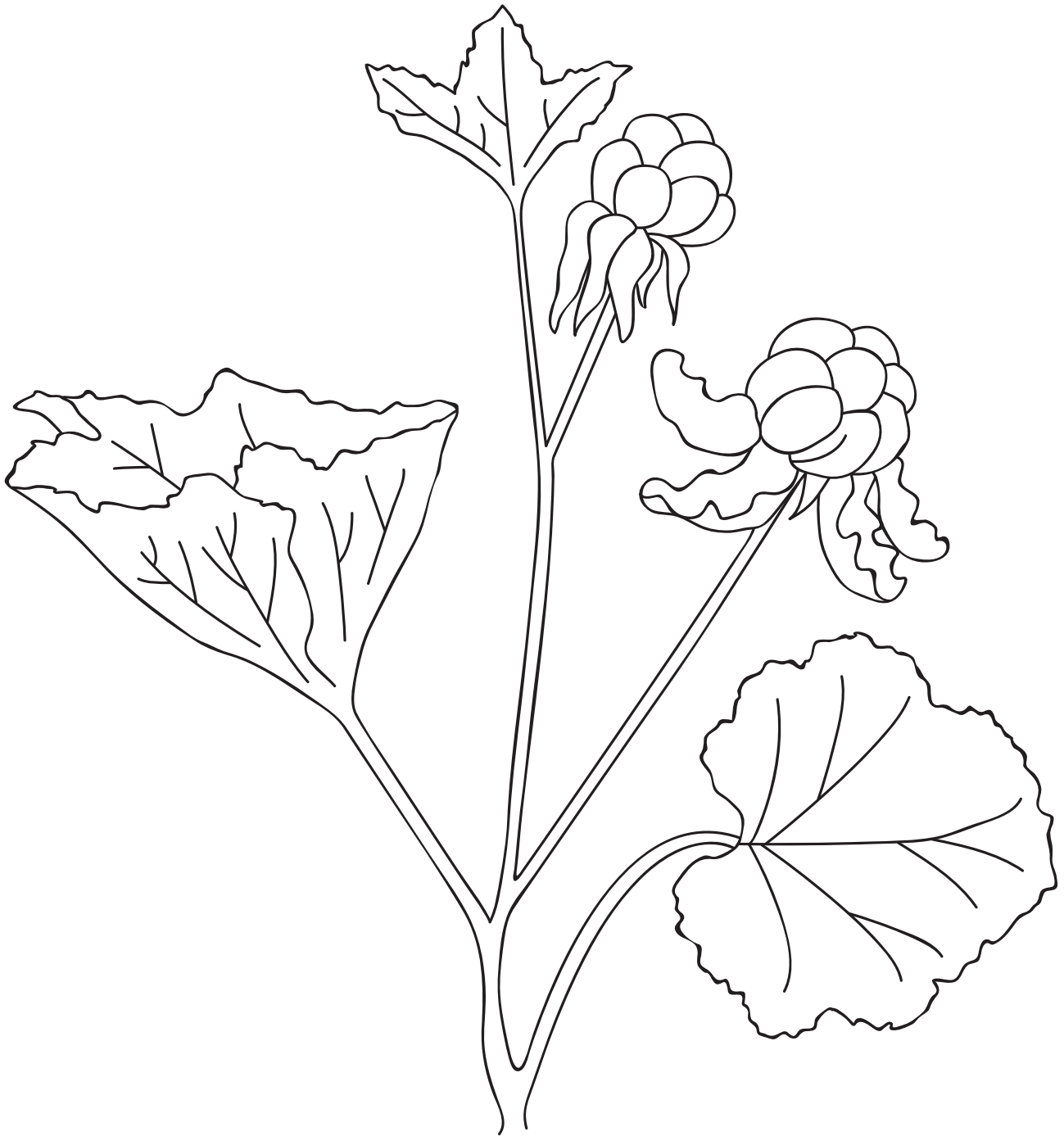
Spending time on the mountains makes us strong.

Ptarmigan



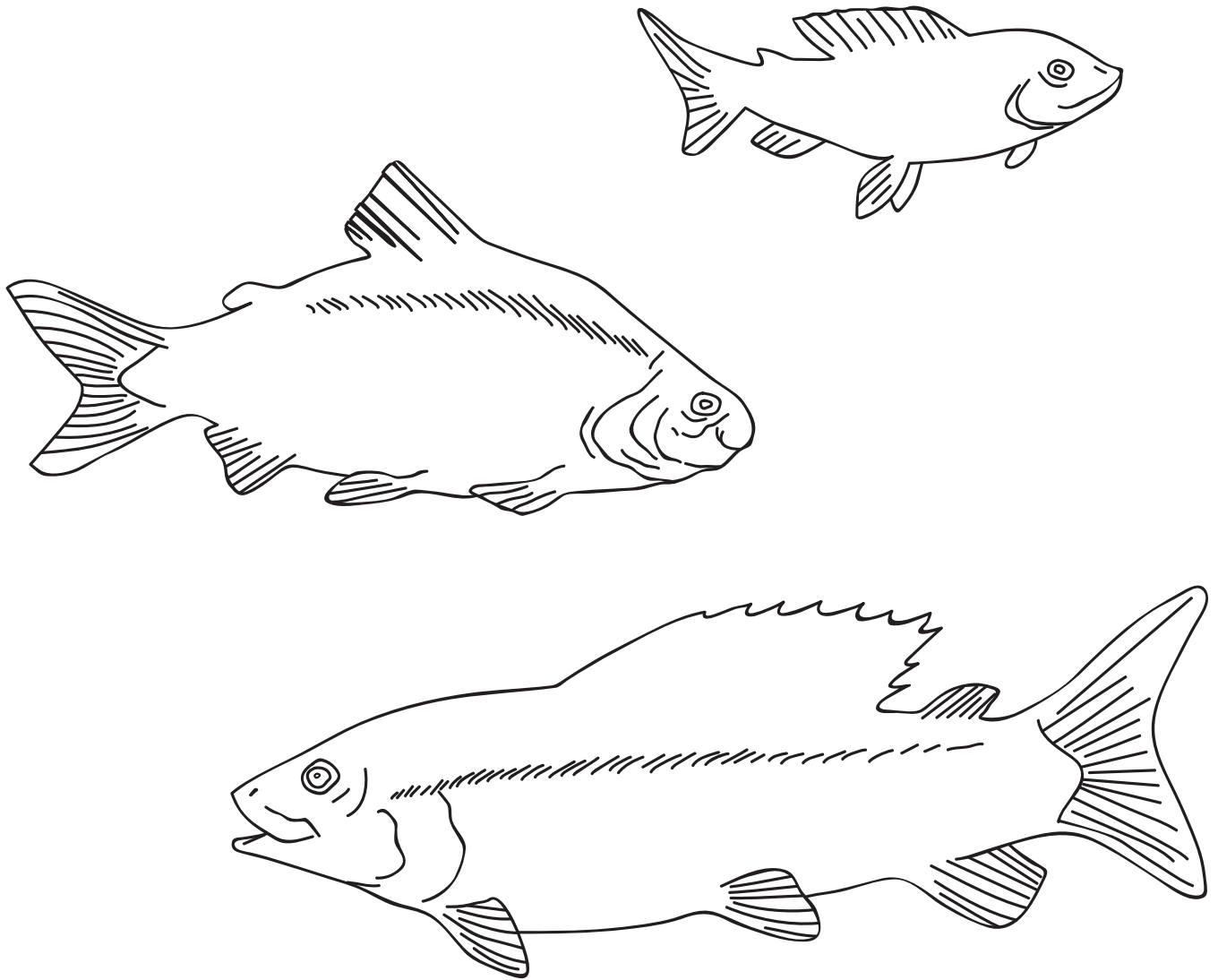
For strong minds,
heart and body.

Cloudberry



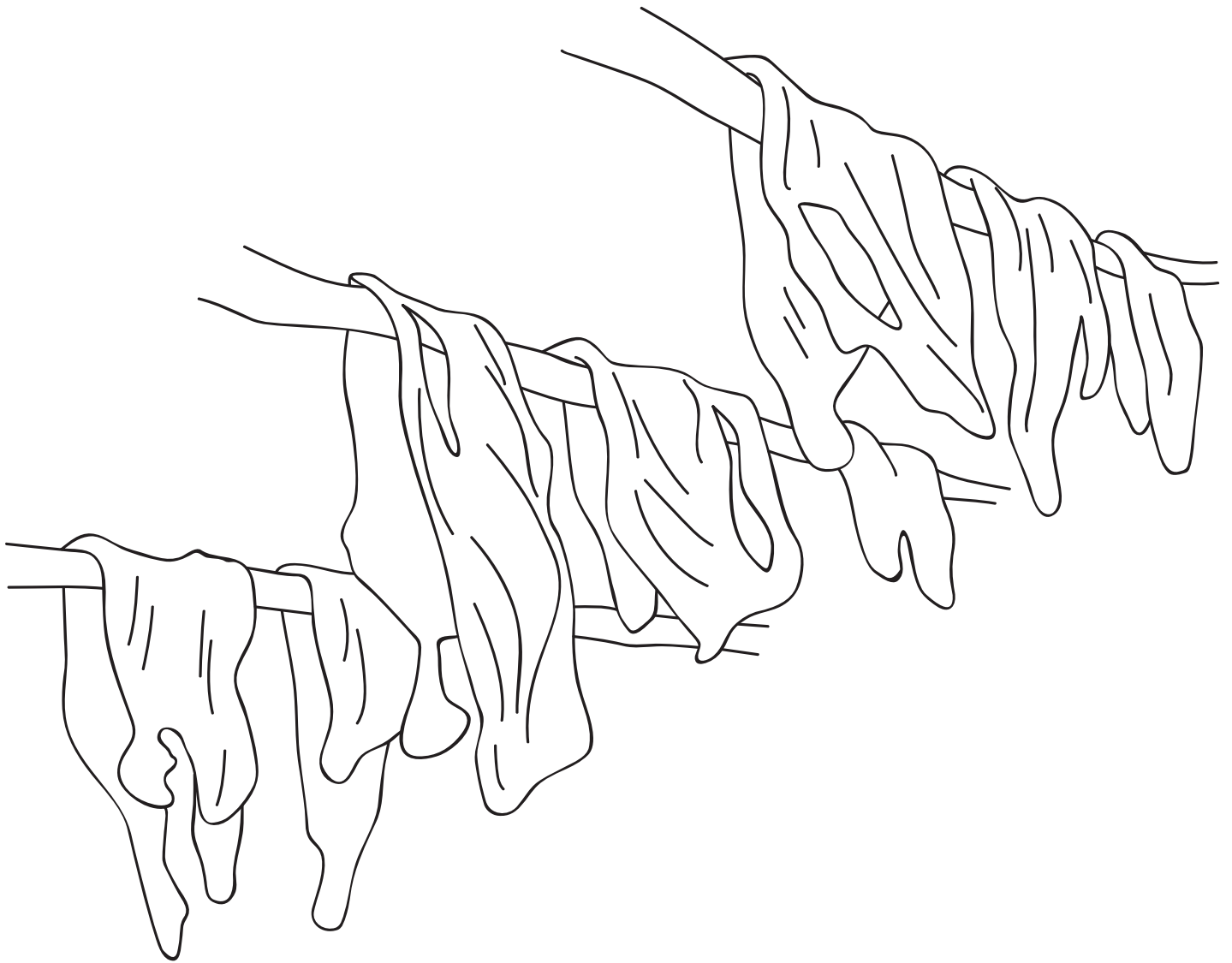
Helps us not to
get sick.

Fish



For healthy hearts
and strong bones.

Dry Meat



Spending time on the land makes us strong.

What do
you eat?

What do
you eat?

