



**Yukon Communicable Disease Control  
4 Hospital Rd, Whitehorse, Yukon Y1A 3H8**

October 16, 2021

Dear Parents, guardians, students and staff,

In addition to the letter sent on October 12<sup>th</sup>, we are notifying you that there has been **an additional positive COVID-19 case connected to Whitehorse Elementary School, Grade 5b class.**

**This letter contains updated information regarding self-isolation and self-monitoring for both fully vaccinated adults and unvaccinated children, in bullets #1 and #2.**

**Students and staff connected to the above class, who attended on Tuesday October 12<sup>th</sup>, have been identified as close contacts of COVID-19.** COVID-19 is a respiratory illness that is spread through droplets when a person coughs, speaks, or by touching surfaces contaminated by the virus with your hands and then touching your face before washing your hands.

You or your child may receive multiple exposure notices for different events. If you have received advice to self-isolate and also advice to self-monitor, then you should self-isolate. If you have received different dates for the duration of your self-isolation or self-monitoring, then use the latest date (longest duration).

A risk assessment has been completed by YCDC, in consultation with a Medical Officer of Health. After careful analysis, we recommend the following for students and staff in the above class, who attended on Tuesday October 12<sup>th</sup>:

- **If you have received 2 doses of COVID-19 immunization, with the last dose prior to September 28<sup>th</sup>, 2021, and you are not significantly immunosuppressed due to illness or medication, we recommend you self-monitor for symptoms through October 26<sup>th</sup>, inclusive.** It is very important that if **any** symptoms develop, no matter how mild, you do not go to work or school and arrange for testing.
- **If you are partially-vaccinated (1 dose only) or unvaccinated, or are fully immunized but with significant immunosuppression, you are recommended to self-isolate until October 22<sup>nd</sup>, inclusive, and then self-monitor for symptoms through October 26<sup>th</sup>, inclusive.** It is very important that if **any** symptoms develop, no matter how mild, you do not go to work or school and arrange for testing.
- Siblings and other family members of the staff and students identified can continue to follow the current Yukon guidelines, including isolating and arranging testing if symptoms develop.

Symptoms to self-monitor for include:

- |                       |                                   |                       |
|-----------------------|-----------------------------------|-----------------------|
| • Fever               | • Sore throat                     | • Loss of appetite    |
| • Chills              | • Loss of sense of taste or smell | • Nausea and vomiting |
| • Cough               | • Headache                        | • Diarrhea            |
| • Shortness of breath | • Fatigue                         | • Muscle aches        |
| • Runny nose          |                                   |                       |

Symptoms of COVID-19 may be mild or severe and often have a different presentation in persons who are very young or older persons. While most people will experience mild illness, older adults and people with pre-existing medical conditions are at higher risk for severe illness.

If you were to develop any symptoms, no matter how mild, **COVID Testing and Assessment Centre (CTAC) in Whitehorse at 867-393-3083**. When calling CTAC please mention that you are part of the **Whitehorse Elementary, Grade 5b notification**.

If you are eligible for COVID-19 immunization and not yet fully immunized, please book your immunization after your isolation period has ended. For general information on COVID-19 see [yukon.ca/en/covid-19-information](https://yukon.ca/en/covid-19-information)